

PRESS RELEASE

For More Information, Call:
Chief Raymond Rose at 847-968-3775

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For Immediate Release

FREE WOMEN'S SELF DEFENSE CLASS

Start of Press Release

The Mundelein Police Department is hosting a FREE class for women 18 and over who are interested in learning self-defense tactics. (17 year olds with parental permission will also be allowed to attend.)

The class will be held on Tuesday nights between 6 – 8 p.m. beginning July 13 and ending August 3 at the Mundelein Police Department, 221 North Lake Street.

Students should wear loose fitting workout clothes. The class requires some physical activity.

SPACE IS LIMITED TO 30 PARTICIPANTS. Call 847-968-3770 to register.

For class information call Officers Schletz, Smith, or Whittaker at 847-968-4600.

PLEASE HELP US NOTIFY AS MANY WOMEN AS POSSIBLE. THANK YOU FOR YOUR SUPPORT!